

## From Race-ing Consciousness to Raising Consciousness (Psychoeducational Process Group)

Race and racism/white minority rule, are western concepts, employed to legitimate violence, divide, dominate, and oppress, but are there other ways to interpret and understand difference? This hybrid psychoeducational process group will engage participants in critical reflection and dialogue with their own social, cultural, and political consciousness/unconsciousness about race and racism. Scientific racism and other structural as well as institutional forms of racism have traditionally imbued mental health training with the same destructive colonial frameworks that aid in the maintenance of the broader system of racism/white minority rule. Thus, professionals interested in cultural competency, diversity, justice and challenging their notions of race and racism in order to deepen and sharpen their practice toward dismantling injustice will find this group not only essential but illuminating. Additionally, students committed to not replicating the scientific racism and coloniality of western disciplines will find this group indispensable. Finally, activists will benefit from this group as they analyze and discuss the less examined roots of race and racism.

Join us in a safe and supportive space as we confront and transform oppressive ways of thinking and being, as we move from simply Race-ing Consciousness to Raising Consciousness.

From Race-ing Consciousness to Raising Consciousness  
will meet via Zoom for six, 90-minute sessions.

**When:** Sundays: July 2, 9, 16, 23, 30 and August 6, 2023 5pm - 6:30 pm EST

**Fees:** White adults/professionals: \$675; White Youth: \$390; Black and Indigenous adults/professionals: \$405; Black and Indigenous Youth: \$255; (scholarships available). The differentiated fees reflect my commitment to address racial inequity for services.

**Come see what it's about at an upcoming FREE session/open house at 5pm EST.  
Email Prof. Kyles for login information.**



Tarell Kyles, MA is a scholar activist who has lived all his life on the color line. He is earning his MSW at Smith College and is an activist with grassroots organizations in Atlanta. His doctoral scholarship focus is on depth psychology and decoloniality.

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