Our Humanity in a Racialized Society: Professional Development for Helping People

Developing a healthy concept of ourselves and engaging in meaningful relationships are severely damaged in a racialized society. Finding our humanity requires understanding and un-doing the racialization process.

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Christine Schmidt LCSW, CGP is a psychotherapist in private practice in Brooklyn, New York, a mediator, and an educational consultant. She has published about psychological dynamics racism with particular focus on the impact of whiteness.

This 6-session blended didactic and experiential group will explore racial socialization processes for people of diverse racial identities. We will examine how systems of racial oppression impact our relationships with one another and with ourselves. We welcome helping professionals from diverse backgrounds who are committed to self-reflection and engagement with others. The facilitators will support the group to strengthen personal and professional self-confidence to confront racism.

Our Humanity in a Racialized Society will meet six consecutive Fridays, September 30, October 7, 14, 21, 28, and November 4 of 2022

Where: on Zoom

When: Eastern Standard Time: 9:30am-11am
Central Standard Time: 8:30am-10am
Pacific Standard Time: 6:30am-8am

Fee: $570 ($95/session) white-identified participants
$300 ($50/session) black-identified and other people of color
Our differentiated fees reflect our commitment to address historical racial inequity for services. Scholarships are available.

For Further information: www.racialliteracygroups.com

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