Whiteness was historically constructed to justify white supremacy and discrimination against non-whites. Its reproduction in our culture is both conscious and unconscious. When whiteness is normalized and invisible to white people, racism is maintained. When whiteness is exposed, white-identified people begin to confront racism in their lives and communities.

Christine Schmidt LCSW, CGP is a psychotherapist in private practice in Brooklyn, New York, a mediator, an anti-racism trainer, and an educational consultant. She has published about psychological dynamics racism with particular focus on the impact of whiteness.

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I stand on the shoulders of organizers grounded in the principles of the Peoples Institute for Survival and Beyond, the Anti-Racist Alliance, and The Grassroots Reparations Campaign. I incorporate my learning into the Whiteness learning group to offer helping professionals opportunities to explore how this racial construct limits personal and professional connections. Through a blended didactic and interactive approach, manifestations of whiteness will be examined. Participants will become more aware of triggers that lead to race avoidance, protectiveness, pseudo care-taking, fragility, guilt, entitlement, disavowal, and colorblindness. We will examine how whiteness resides in behavior, language and emotional responses. Being able to understand whiteness will strengthen personal and professional self-confidence to confront racism.

The Whiteness learning group will meet for six 90-minute sessions on three Saturdays

When: September 10, 17, and 24 of 2022 10:30am-noon and 1-2:30pm EDT (7:30am-9am and 10am - 11:30am PDT)

Where: virtual sessions via Zoom

Fee: $570 with scholarships available
50% net proceeds will go to community organizations identified by The Grassroots Reparations Campaign

For further information: www.racialliteracygroups.com

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