Racial Literacy Group
For Helping Professionals

The Racial Literacy Group #5 is a process group that engages helping professions to become more attuned to complex racial dynamics. Racism is a structural arrangement intended to maintain the power of white supremacy. It is reinforced by interpersonal and intrapsychic racist ideology that we have all internalized to some degree. Internalized racial oppression, radicalized sexual fantasies, racial identity concerns, colorism, and privilege corrupt our interpersonal connections.

We stand on the shoulders of organizers grounded in the principles of the Peoples Institute for Survival and Beyond, the Anti-Racist Alliance, and The Grassroots Reparations Campaign. We incorporate our learning experiences from these organizations and from our Racial Literacy Consultation Groups and Whiteness Learning Groups to provide helping professionals opportunities to examine how we collude with or resist racism in our work and our lives. We will share, experience, and dissect racial dilemmas in order to become more skillful at interrupting bias and white-centeredness.

The Racial Literacy Group #5 is an open-ended group that will meet bi-weekly for eight months each year and continue the following year on Fridays from 4:30-6pm EST

Dates for 2022-2023:

Sept 9, 23; Oct 7, 21; Nov 4, 18; Dec 2, 16; Jan 6,13,27; Feb 10, 24; Mar 10,24; April 7,21; May 5, 19

Where: on Zoom

Fee:
$85/session white-identified participants
$50/session black-identified and other people of color

Our differentiated fees reflect our commitment to address historical racial inequity for services.

Partial scholarships are available.

For further information:
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Rudy Lucas, LCSW, CASAC is a liberation psychotherapist in private practice in Greenwich Village. He has offered extensive training to professional organizations about racial dynamics in psychotherapy with particular focus on colorism.

Christine Schmidt LCSW, CGP is a psychotherapist in private practice in Brooklyn, New York, a mediator, and an educational consultant. She has published about psychological dynamics racism with particular focus on the impact of whiteness.