Racial Literacy Consultation Group:
Professional Development for Helping People

The Racial Literacy Consultation Group aims to strengthen the helping peoples’ capacity to understand and respond to racial dynamics. Internalized racial oppression racialized sexual fantasies, racial identity concerns, colorism, privilege, and disempowerment impact interpersonal connections. Being able to honestly examine race-related issues enhances personal and professional self-confidence.

**Rudy Lucas**, LCSW, CASAC is a liberation psychotherapist in private practice in Greenwich Village. He has offered extensive training to professional organizations about racial dynamics in psychotherapy with particular focus on colorism.

**Christine Schmidt** LCSW, CGP is a psychotherapist in private practice in Brooklyn, New York, a mediator, and an educational consultant. She has published about psychological dynamics racism with particular focus on the impact of whiteness.

We stand on the shoulders of organizers grounded in the principles of the [Peoples Institute for Survival and Beyond](http://www.peoplesinstitute.net), the [Anti-Racist Alliance](http://www.antiracistalliance.org), and [The Grassroots Reparations Campaign](http://www.grassrootsexchange.org). We incorporate our learning experiences into the Racial Literacy Consultation Group. Participants will be invited to identify their personal and professional development goals for the duration of the group. Group leaders will provide brief didactic presentations that incorporate best practices and are based on participants’ goals. Participants will be expected to bring in examples from their professional, personal, and community experiences, with particular attention to dilemmas in which societal stereotypes as well as familial re-enactments occur.

The Racial Literacy Consultation Group will meet six consecutive Fridays, **March 11, 18, 25, April 1, 8, 15**

**Where:** on Zoom

**When:**
- **Eastern** Standard Time: **9:30am-11am**
- **Central** Standard Time: **8:30am-10am**
- **Pacific** Standard Time: **6:30am-8am**

**Fee:**
- $570 ($95/session) white-identified participants
- $300 ($50/session) black-identified and other people of color

Our differentiated fees reflect our commitment to address historical racial inequity for services. Scholarships are available.

For Further information: [www.racialliteracygroups.com](http://www.racialliteracygroups.com)

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