Racial Literacy Consultation Group:  
Professional Development for Mental Health Professionals

The Racial Literacy Consultation Group aims to strengthen the mental health professional’s capacity to understand and respond to racial dynamics. Internalized racial oppression racialized sexual fantasies, racial identity concerns, colorism, and privilege and disempowerment impact interpersonal connections. Being able to honestly examine race-related issues enhances personal and professional self-confidence.

We stand on the shoulders of organizers grounded in the principles of the Peoples Institute for Survival and Beyond, the Anti-Racist Alliance, and the Fellowship of Reconciliation Truth and Reparations Campaign. We incorporate our learning experiences into the Racial Literacy Consultation Group. Participants will be invited to identify their professional development goals for the duration of the group. Group leaders will provide brief didactic presentations that incorporate best practices and are based on participants’ goals. Participants will be expected to bring in examples from their professional and community experiences, with particular attention to transference and countertransference dilemmas in which societal stereotypes as well as familial re-enactments occur.

The Racial Literacy Consultation Group will meet for six sessions, scheduled two per date on three consecutive Saturdays: October 3, 10 & 17, 2020

Where: Online via Zoom

When:  
Eastern Standard Time: 10:30am-12pm & 1pm-2:30pm  
Central Standard Time: 9:30am-11am & 12pm-1:30pm  
Pacific Standard Time: 7:30am-9am & 10am-11:30am

Fee: $570 ($95/session) for white-identified participants  
$300 ($50/session) for black-identified participants and other people of color

Our differentiated fees reflect our commitment to address historical racial inequity for services. Scholarships are available.

Christine Schmidt LCSW, CGP is a psychotherapist in private practice in Brooklyn, New York, a mediator, and an educational consultant. She has published about the psychological dynamics of racism with particular focus on the impact of whiteness.

Kevin Gillette, PsyD is a clinical psychologist and psychotherapist in New York City. His efforts to address problems of racial equity (by facilitating dialogue about race and the nature of racism) have included workshops and presentations both in the United States and abroad.

For further information:  
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