Racial Literacy Consultation Group:
Professional Development for Mental Health Professionals

The Racial Literacy Consultation Group aims to strengthen the mental health professional's capacity to understand and respond to racial dynamics. Internalized racial oppression racialized sexual fantasies, racial identity concerns, colorism, and privilege and disempowerment impact interpersonal connections. Being able to honestly examine race-related issues enhances personal and professional self-confidence.

We stand on the shoulders of organizers grounded in the principles of the Peoples Institute for Survival and Beyond, the Anti-Racist Alliance, and the Fellowship of Reconciliation Truth and Reparations Campaign. We incorporate our learning experiences into the Racial Literacy Consultation Group. Participants will be invited to identify their professional development goals for the duration of the group. Group leaders will provide brief didactic presentations that incorporate best practices and are based on participants’ goals. Participants will be expected to bring in examples from their professional and community experiences, with particular attention to transference and countertransference dilemmas in which societal stereotypes as well as familial re-enactments occur.

The Racial Literacy Consultation Group will meet for six weekly sessions beginning on Friday, September 11, 2020 - October 16, 2020, 9:30-11am

Where: Barrow Street, NYC
When: September 11, 18, 25, October 2, 9, 16 of 2020

Fee:
$570 ($95/session) white-identified participants
$300 ($50/session) black-identified and other people of color

Our differentiated fees reflect our commitment to address historical racial inequity for services. Scholarships are available.

For further information:
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Christine Schmidt LCSW, CGP is a psychotherapist in private practice in Brooklyn, New York, a mediator, and an educational consultant. She has published about psychological dynamics racism with particular focus on the impact of whiteness.

April Harvin, LCSW is a psychotherapist in private practice in New York City. She also provides clinical administrative leadership for private and public entities, clinical supervision to individual psychotherapists, and provides consultation to organizations and groups committed to becoming anti-racist in their practices.