Racial Literacy Consultation Group: Professional Development for Mental Health Professionals

The Racial Literacy Consultation Group aims to strengthen the mental health professional’s capacity to understand and respond to racial dynamics. Internalized racial oppression racialized sexual fantasies, racial identity concerns, colorism, and privilege and disempowerment impact interpersonal connections. Being able to honestly examine race-related issues enhances personal and professional self-confidence.

We stand on the shoulders of organizers grounded in the principles of the Peoples Institute for Survival and Beyond, the Anti-Racist Alliance, and the Fellowship of Reconciliation Truth and Reparations Campaign. We incorporate our learning experiences into the Racial Literacy Consultation Group. Participants will be invited to identify their professional development goals for the duration of the group. Group leaders will provide brief didactic presentations that incorporate best practices and are based on participants’ goals. Participants will be expected to bring in examples from their professional and community experiences, with particular attention to transference and countertransference dilemmas in which societal stereotypes as well as familial re-enactments occur.

The Racial Literacy Consultation Group will meet on Zoom for six sessions beginning on Friday, March 27, 2020, 11:30am – 1pm EST (10:30am CST; 9:30am PMT; 8:30am PST).

Where: via Zoom

When: March 27, April 3, 10, 17, 24; May 1, of 2020

Fee: $570 ($95/session) white-identified participants
$300 ($50/session) black-identified and other people of color
Our differentiated fees reflect our commitment to address historical racial inequity for services. Scholarships are available.

Christine Schmidt LCSW, CGP is a psychotherapist in private practice in Brooklyn, New York, a mediator, and an educational consultant. She has published about psychological dynamics racism with particular focus on the impact of whiteness.

Rudy Lucas, LCSW, CASAC is a liberation psychotherapist in private practice in Greenwich Village. He has offered extensive training to professional organizations about racial dynamics in psychotherapy with particular focus on colorism.

For further information:
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